



WITNEY'S LIGHTS.



# 2010 5K Walk/Run to End Domestic Violence

2<sup>nd</sup> Annual 5K Walk/Run, October 9, 2010

Silver Lake Park, Dover, DE

(Rain or Shine)

## Registration Form

5K Walk       Competitive 5K Run

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Gender:  Female  Male      Age on Walk/Race Day: \_\_\_\_\_

Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

T-Shirt Size:  S    M    L    XL    XXL

### No Registration Fee

**\*\*We request that you RAISE a minimum of \$25.00 in Pledges\*\***

**TEAMS** (A team consists of 5 or more walk or race participants)

I will be a:  Team Captain   or    Member of a Team

Team Name: \_\_\_\_\_ Team Captain Name: \_\_\_\_\_

**FUNDRAISING GOAL:** We are encouraging each participant to set a pledge goal of \$100. Each participant who meets or exceeds this goal will receive an official 5K Walk/Run T-Shirt. (additional T-shirts will be available for purchase)

**Please contact me, I would like to:**  Volunteer at the event

**I can't participate this year but please accept my enclosed contribution of: \$ \_\_\_\_\_**

**Signature:** \_\_\_\_\_

**Please mail to:**

**Witney's Lights**  
**P.O. Box 1609**  
**Dover, DE 19903**  
or email to:  
quincy@witneyslights.com

**Waiver:** In submitting this entry, I am intending to be legally bound. On behalf of myself, my heirs, executors and administrators, I hereby waive, release and forever discharge any and all rights and claims which may hereafter occur to me against Witney's Lights, Inc., all sponsors, directors and volunteers from any and all claims, injury or actions sustained or suffered in connection with my participation in the event. I hereby grant full permission to all of the above to use my name, likeness and photographs for any publicity and promotional purposes without obligation or liability to me. I understand that the streets along the course will reopen at the discretion of the City of Dover Police Dept. and will abide by their direction.