



## **Witney's Lights, Inc. Ambassador Program**

Witney's Lights was founded in memory of the late, Witney Rose, MD. Witney, a native of Baltimore, Maryland, was a successful Psychiatry Resident at the University of Maryland Medical Campus in 2003 when she became a victim of Domestic Violence Homicide at the age of 34. Shortly after her murder and the subsequent conviction of her murderer, Witney's sister, Quincy researched the prevalence of domestic violence in various communities and discovered

- one out of three women experience domestic violence in their lifetime, with women between the ages of 16 and 24 with the highest incidents of abuse
- incidents of domestic violence occurs every 15 seconds
- boys who derive from domestic violence households are 4times more likely to be abusive in dating relationships
- 40% of high school students say they know someone who has been hit or beaten within their peer group
- the number one killer of African American Women between the ages of 15 and 34 is domestic violence homicide
- there are more non-profit organizations designed to serve victims of abuse than organizations designed to educate and prevent abuse.

Armed with strength, dignity and courage, Quincy Lucas began to speak out against the senseless violence that had not only taken the life of her sister but had also taken the lives of 58 other women in the Baltimore community in the year 2003. As a surviving family member of a victim, she began to attract the attention of several prominent leaders such as Delaware Attorney General Beau Biden, Maryland Senator Barbara Mikulski, United States Attorney General Eric Holder, Vice President Joseph R. Biden and President Barack Obama; all who encouraged and supported her mission to bring domestic violence awareness and prevention to the forefront.

After speaking to millions throughout the country about her sister Witney and the need to bring awareness to this "silent epidemic", Witney's Lights was founded. Witney's Lights Inc. is committed to eradicating domestic violence through awareness, education, prevention, advocacy, and a commitment to advancing the initiatives laid out in the landmark, Violence Against Women Act of 1994. The Witney's Lights Youth Ambassador Program is one of our signature programs.

In our quest to be part of the solution instead of part of the problem; we have designed a program like none other, that is committed to training and developing ambassadors who will receive Domestic Violence Awareness and life skill training and tools that will prepare them to serve as effective leaders in their community. It is our belief that once we begin to educate our youth and train them as leaders that

they will model success within their communities and encourage healthy and safe relationships. Once they complete the ambassador program these exemplary leaders will play a pivotal role as we continue to train new ambassadors and as we continue to foster change in the field of domestic violence. More importantly, the ambassador's positive influence will have a positive ripple effect in communities throughout the country!

Now that you know about our organization and the purpose of the Witney's Lights Youth Ambassador Program please take a minute to glance at the fast facts below to learn more about this exciting opportunity!

### Witney's Lights Youth Ambassador Program Fast Facts

Who ?

Males and Females ages 14-18

Why?

Why participate in the YA program

- To enhance and develop their leadership skills
- To become agents of change
- To become positive examples
- To become collaborators
- Opportunities for public service

Goals?

- Self-Esteem development
- Building a community of leaders
- Building a community of peacemakers

Instruction/Field Trips?

Witney's Lights is happy to pilot this signature program with St. Bernardine Roman Catholic Church. With the full support of Monsignor Edward Miller and the Youth Ministry Staff, monthly workshops/field trips will come from Witney's Lights Leadership, Leaders in the area of Domestic Violence Awareness, Health Professionals, Business and Law professionals and other prominent leaders within the community including several civic organizations.

## Rewards/Incentive?

- ❖ Scholarship
- ❖ Perfect Attendance/Good Participation
- ❖ Day / Field Trip to New York
- ❖ Quarterly Fun Gatherings/Outings
- ❖ Certificates of completion
- ❖ Culminating Program that showcases their leadership skills( YA run the program)
- ❖ Service Learning Credit(s)

## Where?

Dover, Delaware

## Fee?

Free! There is no fee associated with the Youth Ambassador program. While from time to time we will hold fundraising opportunities to offset the cost of the workshop materials, presenter fees, field trips and the culminating program; if your child is invited to participate in the youth ambassador program there is no cost to them.

As you can see, time, energy and passion have been poured into this intensive learning program. If the Witney's Lights Youth Ambassador program sounds like a good fit for you, please complete the attached application ( you may also complete this application online at [www.witneyslights.com](http://www.witneyslights.com)) and return it to:

Witney's Lights

P.O. Box 1609

Dover, DE 19903

The deadline for all applications is: \_\_\_\_\_

Once we receive your application, we will review it and notify you about interviews and acceptance into the program.

Congratulations! You are taking steps toward making history! The Witney's Lights Youth Ambassador Class of 2011 will be the Inaugural Class of the much anticipated Dover, Delaware program. Your support as a participant, family member, community leader, presenter or sponsor is essential to success of this program. We are standing up to violence within our communities and have chosen to "be the change we want to see~ Mahtma Gandhi; the end result will be well aware ambassadors and leaders for change!

Continuing the mission,

Quincy A. Lucas, M.A.

Founder and President, Witney's Lights

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[quincy@witneyslights.com](mailto:quincy@witneyslights.com)

(302)363-4139



**Witney's Lights, Inc.  
Youth Ambassador Program  
2011 Application**

**Personal Information**

Name: (Last,First,Middle Initial) \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: Male / Female Shirt Size: S M L XL XXL

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Allergies or any other health concerns: \_\_\_\_\_ Medications: \_\_\_\_\_

Parent/ Guardian Name: \_\_\_\_\_

Address ( if different than above): \_\_\_\_\_

Contact number: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Number: \_\_\_\_\_

Emergency Contact Relationship to applicant: \_\_\_\_\_

**School Information**

School Name: \_\_\_\_\_

School Address: \_\_\_\_\_

\_\_\_\_\_

Current Grade (circle): 9 10 11 12 1<sup>st</sup> yr college

Favorite school subjects: \_\_\_\_\_

\_\_\_\_\_

## **Let's hear from you**

Why would you like to participate in the Youth Ambassador Program (100 words or less):

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### Disclosure/Consent

We(Student/Parent) agree that by signing this form that it does not guarantee acceptance into the Witney's Lights Youth Ambassador Program. We (I) furthermore agree that should acceptance be granted into the program that I will display behavior that is characteristic of a leader. We (I) agree that I will be committed to attending all workshops and field trips, given any unforeseen circumstances in which case I will contact the Program Coordinator immediately. We(I) also agree that neither Witney's Lights or St. Bernardine Roman Catholic Church will be held liable for any personal injury as it relates to poor behavior choices. This form also will serve as my consent to be photographed/videotaped for media and public relations approved by Witney's Lights.

Student Signature \_\_\_\_\_ Date signed \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date signed \_\_\_\_\_

### Parent/ Guardian Commitment

My son /daughter \_\_\_\_\_, has my full support for time and personal commitment required to participate in the Witney's Lights Youth Ambassador Program. I understand the attendance at all workshops/field trips is mandatory for successful completion and full experience of the program.

Parent/Guardian Signature \_\_\_\_\_ Date signed \_\_\_\_\_

### Our Commitment to you

The Witney's Lights Youth Ambassador Steering Committee is committed to providing you with an informational, educational and enlightening experience. We will provide you with an array of workshops and opportunities that develop and enhance the leader in you. At the end of our program you will be highlighted as an individual that has learned essential life skills, leadership skills and as someone who is emerging as a change agent. We will guide you to stand up against violence and stand tall for a peaceful, safe community where you are on your way to making a difference!

***Please do not write below this line (For office purposes only)***

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Date application received \_\_\_\_\_ Initials \_\_\_\_\_

Student attended orientation? Yes/No

Student interviewed? Yes/No

Student accepted into program? Yes/No

Letter of acceptance sent? Yes/No

Student shirt ordered? Yes/No

Youth Ambassador Portfolio given? Yes/No



Witney's Lights, Inc.  
Youth Ambassador Program

**Tentative** Timeline and Schedule of Events

- TBA Applications Accepted
- TBA Parent Information Reception / Interviews
- TBA Witney's Lights Youth Ambassador Acceptance Letters Distributed

**Witney's Lights Youth Ambassador Program Sequence**

2 sessions in one meeting from 10-3

Month	Theme	Presenter	Location	Survey	
TBA <b>Creating a community of leaders</b>	Session 1: (orientation, let's get connected/teambuilding, setting expectations)	Witney's Lights Youth Ambassador Program Committee	TBA		
TBA <b>Creating a community of leaders</b>	Session 2: Building a community of peacemakers(resolving conflict peacefully pt. 1)		TBA		
TBA <b>Building positive self esteem</b>	Session 1: Feelings, self esteem and social skills		TBA		
TBA <b>Building positive self esteem</b>	Session 2: Creating and maintaining healthy relationships		TBA		

TBA <b>Resolving conflict peacefully pt. 2</b>	Session 1: when relationships go bad, the cycle of violence  Love is not abuse video		TBA		
TBA <b>Resolving conflict peacefully pt. 2</b>	Session 2: Strategies for mediation		TBA		
TBA <b>Building a community of leaders pt. 2</b>	Session 1: Striving for personal excellence	Asi and Asua Ofosu	TBA		
TBA <b>Building a community of leaders pt. 2</b>	Session 2: Striving for personal excellence pt (making sound financial decisions, dressing for success)		TBA		
TBA <b>Building a community of change agents</b>	Session 1: Leading by example pt 1		TBA		
TBA <b>Building a community of change agents</b>	Session: Leading by example pt 2		TBA		
TBA <b>Recognition /Incentives</b>	Creative Project		TBD		



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Youth Ambassador Program**

## Field Trip Permission Form

The Witney's Lights Youth Ambassadors will be attending a field trip to: \_\_\_\_\_

Date	_____	Time	_____
Location	_____		
Cost	_____		
Transportation	_____		
Notes	_____ _____ _____		

Please return this permission slip by: \_\_\_\_\_

I give permission for my child \_\_\_\_\_  
to attend the field trip to \_\_\_\_\_ on \_\_\_\_\_  
from \_\_\_\_\_ to \_\_\_\_\_  
Enclosed is \$ \_\_\_\_\_ to cover the cost of the trip.

In case of an emergency, I give permission for my child to receive medical treatment. In case of such an emergency, please contact:  
Name \_\_\_\_\_ Phone \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_